

# Zi Bridal Journeys

## Bride Radiance

Allow us to pamper you for your walk down the aisle. Start with a GrapeSeed Crush Body Polish, a relaxing full body Swedish Massage, followed by a **Comfort Zone** Spa Facial. Then enjoy the Seasonal Manicure and Pedicure, ending with a delicious and healthy spa lunch.  
5 hours ..... \$350

## Bridal Soiree

Spend a relaxing day of stress-free pampering with your bridal party in our private party suite. Each person receives a Mini Massage, Facial Cocktail, a Bella Express Manicure and Pedicure. Includes spa lunch, glass of wine or juice. (minimum 3 people)  
3 hours ..... \$195 per person

## The Polished Groom

Enjoy our Deep Tissue Full Body Massage designed to relax you before your "Big Day," followed by a Men's Grooming Facial and Sport MANicure. 2½ hours ..... \$195

# Couple's Journeys

Indulge your senses in the privacy of our couple's suite with the following choices:

## Sweet Romance

A relaxing side by side Swedish Massage and a glass of wine or beverage. 60 minutes..... \$170 per couple

## Romantic Escape

Relax together with a side by side Lavender Infused Massage along with a Foot Reflexology. 80 minutes..... \$275 per couple

## Ultimate Indulgence

The perfect couples retreat. Enjoy a side by side one hour Swedish Massage and our one hour Spa Facial all in our romantic couples suite. Then enjoy a side by side pedicure with a cheese/fruit plate and wine.  
3 hours ..... \$425

(All packages include a glass of wine or beverage of choice)

1859 N. Lakewood Dr, Suite 302  
Coeur d'Alene, ID 83814  
Phone: **208-765-9400**  
Toll Free: **866-910-9400**

zispas.com

# Zi Day Escapes

## Body & Sole

A refining journey to balance and relax the body and pamper your feet. Enjoy a 60 minute full body Swedish Massage followed by our Seasonal Pedicure.  
2 hours ..... \$135

## The Perfect Gift

The perfect balance to relaxation. Enjoy a 60 minute full body Swedish Massage followed by a **Comfort Zone** Spa Facial.  
2 hours ..... \$160

## Breathe

Open the mind and calm the senses. This package features elements to relax and reduce stress. Start with our **Comfort Zone** Spa Facial to nourish the skin, then enjoy a Riverstone Massage for the ultimate relaxation and our Seasonal Pedicure. End with a delicious spa lunch and a glass of wine.  
3½ hours ..... \$240

## Queen for a Day

A royal journey to empower your senses of well being, this day features elements to Renew, Rebalance and Revitalize. Nourish and Soothe with our Jasmine Rose Herbal Wrap followed by a full body Swedish Massage, **Comfort Zone** Spa Facial, Seasonal Pedicure and Manicure ending with a healthy spa lunch.  
5 hours ..... \$350

## Day of Bliss

An energizing journey to restore your strongest self, featuring elements to stimulate and revitalize. Start with our signature Action Sublime Facial to combat the signs of aging while providing immediate noticeable firming, revitalizing and toning. Then enjoy a 90 minute customized massage. Break for lunch and end with our Signature Vinostone Pedicure and Manicure.  
5½ hours ..... \$395

# Zi Man Escapes

## King for the Day

Enjoy a Deep Tissue Massage followed by a therapeutic Foot Reflexology. 90 minutes ..... \$145

## The Royal Treatment

Where a man can recline and find refuge from today's fast paced world, while receiving quality services specifically designed for the gentleman's needs. Enjoy a 90 minute full body Deep Tissue Massage, a Grooming Facial and Sport MANicure.  
3 hours ..... \$235

\*Prices subject to change without notice.

# Girls Day Out

Perfect for Mothers, Daughters, Girlfriends, Special Occasions, Birthdays, Office Parties, Bridal and Bachelorette Parties. (minimum of 2 people with 2 treatments each)

Create your own escape from reality and choose 2 services from the following list, each at 25 minutes, plus a cheese/fruit tray:  
50 minutes per person ..... \$125

- Mini Massage
- Foot Reflexology
- Make-up Application
- Infinity SOK
- Vinostone Manicure (40 minutes)
- Mini Facial Cocktail
- Haircut Design
- Mini Body Polish
- Bella Express Pedicure

Or choose 2 one hour treatments from the following services, plus a spa lunch: 2 hours per person..... \$175

- Swedish Massage
- Herbal Wrap
- Vinostone Pedicure
- Deep Tissue Massage
- Grape Seed Body Polish (50 min.)
- Foot Reflexology (50 min.)
- Comfort Zone Spa Facial
- Bronze & Glow Full Body Tanning

# Zi Teen Escape

Enjoy our Facial Cocktail, followed by a Mini Massage, ending with our Bella Express Pedicure. 1½ hours ..... \$150

We also invite teens to experience educational facials as well as purifying treatments. Learn how to care for your skin with a free skin care lesson included in each facial.

Clinical Facial: Deep Pore-Cleansing Facial 60 minutes ..... \$85  
Makeup Lesson 45 minutes..... \$60

# Zi Maternity Journey

## Pure Heaven

Enjoy a customized pregnancy massage, followed by a **Comfort Zone** Spa Facial, then break for a healthy spa lunch, and end with a Seasonal Pedicure.  
3½ hours ..... \$240



# Journey into a New Dimension of Beauty & Wellness

Knowing that the rigors and trials of everyday life can side track people on their own journeys, Zi Spa was created as a path to a *calmer, more peace-filled life.*

Zi Spa is a 6,000 square-foot *OASIS*, which boasts spectacular views of the Spokane River and represents the first Spa of its kind in the Inland Northwest. Zi Spa (Zi translates to "elements of water") offers a *unique* menu of services aimed at soothing the body, mind, and soul, including a Zen Lounge, Couple's Suite, a variety of massages, facials and a *full-service salon* to name a few.

# Facials

## Signature Action Sublime Facial

Using **Comfort Zone**, our spa line, you will go into a unforgettable experience while providing immediate and noticeable firming, revitalizing and toning. Active anti-aging ingredients, exfoliation procedures and three phases of massage techniques create outstanding and lasting results. A final algae regenerating mask is applied for ultimate renewal of the skin.

90 minutes..... (\$130) \$+60

## Spa Facial

Your skincare technician will analyze your skin and address a skincare treatment to revitalize and restore your skin to its naturally radiant state.

60 minutes.....(\$70) \$85 75 minutes .... (\$100) \$+25

## Clinical Skin Treatment

**Skincare and Physicians Choice of Arizona**, our clinical product lines, rely on extensive scientific research and innovation to address the toughest skin care problems or conditions. With a skin evaluation prior to your treatment, your skin care technician will be able to accomplish the primary goal - contribute to and maintain your skin's health.

60 minutes..... (\$85) \$+05

## Advanced Corrective Treatments

**\*15% discount applies to a prepaid series of 3 or more microderm and peel treatments.**

**Microderm Treatment:** A non-invasive, non-surgical treatment for skin that shows signs of aging, fine lines, pigment spots or acne scarring. Dead skin cells are whisked away, revealing healthy cells below for a renewed complexion. A series is recommended for optimum results.

30 minutes..... (\$115) \$+40

60 minutes..... (\$140) \$+75

**PCA Peels:** Perfect for aging, fine lines, sun damage and acneic skin.

Initial Consultation: 15 minutes ..... (\$35) \$+5 (includes take home pre-peel product)

Treatments: 45 minutes..... (\$115) \$+45 (includes a 7-day treatment kit)

## Perfect Additions to any Facials

Foot Reflexology, 20 minutes ..... (\$40) \$50

Eye Supreme Treatment ..... (\$30) \$40

Self Tan, added to facial ..... (\$20) \$25

Glorious Skin Anti-Aging Algae Mask ..... (\$25) \$30

(\*Winter Escape Pricing. Not Valid with any other promotions or coupons.)

# Body Treatments

## Signature VINO Body Journey

A Total Antioxidant Grape Seed Experience... begins with a full body scrub using crushed grape seeds to exfoliate and moisturize the skin. A warm grape seed oil hair conditioning treatment is used while grape seed tea bags are placed over the eyes. Then, indulge in an infinity SOK laden with grape seed bath oil, while sipping on your choice of antioxidant tea. Step out of the bath for a soothing full-body massage with velvety rich, warm grape seed/lavender essential oils. This is truly a unique journey. 2 hours..... (\$160) \$200

## Body Wraps

**Rosemary Green Tea Body Wrap:** Start with a full body Rosemary exfoliation, then experience the rich Green Tea Body Butter to hydrate and restore your skin, followed by a soothing massage.

60 minutes ..... (\$80) \$+00 90 minutes .... (\$115) \$+40

**Jasmine Rose Herbal Wrap:** Relax your body in a detoxing herbal wrap, followed by a soothing and hydrating massage.

60 minutes ..... (\$70) \$85 90 minutes .... (\$100) \$+25

## Full Body Exfoliations

Exfoliate to eliminate dry, dead skin. Includes a light hydrating massage.

**Rosemary Body Polish:** Mild, a la carte, 50 minutes..... (\$70) \$85

**Grapeseed Crush:** Medium, a la carte 50 minutes ..... (\$70) \$85

## Baths

For those who wish to SOK in luxury, sit back as water drawn from the ceiling cascades over the sides of the tub. A full spectrum of chromatherapy sets the mood as an ideal compliment to any massage or body treatment. 20 minutes ..... (\$40) \$50

Combined with other treatment 20 minutes..... (\$30) \$40

## Bronze and Glow

Revolutionary sunless tanning treatment will keep your skin bronzed and healthy, whatever the weather. Bronzing effect lasts several days.

Full body lotion application with scrub, 60 minutes..... (\$75) \$90

Face, 25 minutes, includes exfoliation, hydration & bronze (\$50) \$60

Body & Face 90 minutes..... (\$115) \$+45

**Enhancements:** Perfect addition to any massage or body treatment:

Rosemary or Grapeseed Body Scrub: 25 minutes ..... (\$55) \$65

SOK ..... (\$30) \$40

# Massage Therapy

Traditional massage stimulates the immune system, reduces stress of mind and body, and increases mobility and agility. Over 80% of disorders and disease are believed to be connected or caused by stress. Our experienced professionals will help release the stress and tension from your body.

**Swedish:** Classic massage using long effleurage strokes to promote pure relaxation.

60 minutes ..... (\$70) \$85 90 minutes .... (\$100) \$+25

**Deep Tissue:** Deep pressure with herbal oil, aiding in the recovery of muscles due to intense stress or physical activity.

60 minutes ..... (\$75) \$90 90 minutes .... (\$110) \$+35

**Riverstone Massage:** Unique therapeutic treatment for the body, utilizing warm stones and essential oils.

60 minutes ..... (\$75) \$95 90 minutes .... (\$115) \$+40

**Pregnancy Massage:** Assists in relieving lower back and hip pain, water retention, and sciatica problems.

60 minutes ..... (\$75) \$90 90 minutes .... (\$110) \$+35

**Foot Reflexology:** Using the ancient art of reflexology, stress and pain are alleviated through pressure point massage on your feet.

25 minutes ..... (\$50) \$60 50 minutes ..... (\$75) \$90

# Express

When short on time, choose one of Zi Spa's Express Services. All treatments are 25 minutes.

Facial Cocktail ..... (\$50) \$60

Neck Shoulder Back Massage ..... (\$50) \$60

Bella Express Manicure ..... (\$30) \$35

Bella Express Pedicure ..... (\$35) \$45

Foot Reflexology ..... (\$50) \$60

# Waxing

Our **Comfort Zone** wax, rich in extracts of water lily and gardenia, offers a sweet and gentle approach to epilation. Safe for sensitive skin and effective for fine hair texture. Hard wax available upon request.

Waxing ranging from ..... (\$12-\$80) \$+5-\$+100

Tinting Lashes ..... (\$25) \$30 Tinting Brows ..... (\$15) \$20

Enjoy Kashwerc® Discounts on the Day of Your Service!

\*Prices subject to change without notice.

# Hand & Foot Journeys

All manicures and pedicures include basic grooming, cuticle care, nail shaping and your choice of polish.

Season's Manicure ..... (\$30) \$40

## Signature Vinostone Manicure

The ultimate experience - your hands will be steeped in a grape seed bath tea, exfoliated with a grape seed/rosemary cream scrub and massaged and hydrated with a lavender grape seed lotion. A final paraffin wrap will lock in the moisture. 50 minutes ..... (\$40) \$50

Season's Pedicure..... (\$50) \$60

## Signature Vinostone Pedicure

The ultimate experience - your feet will be steeped in a grape seed bath tea, exfoliated with grape seed scrub and massaged with warm stones. Paraffin is added to lock in the moisture.

70 minutes ..... (\$60) \$75

# Salon Services

Women's Haircut ..... (\$35) \$45

Men's Haircut..... (\$20) \$25

Child's Haircut..... (\$15) \$20

Shampoo/Style from ..... (\$30) \$35

Shampoo/Style/Heat Set ..... (\$35) \$45

Deep Conditioning Treatment from..... (\$20) \$25

Deep Conditioning Treatment with Blow Dry..... (\$35) \$45

Partial Weave..... (\$55-\$65) \$70-\$80

Full Weave..... (\$65-\$80) \$80-\$+100

Add Extra Color to Weave ..... (\$8) \$10

All Over Color..... (\$55) \$65

Regrowth Color..... (\$50) \$60

Gloss/Overlay/Shine..... (\$12) \$15

Corrective Color..... Upon Consultation

Classic Texture Perm from ..... (\$75) \$95

Paraffin Wrap - Hands or Feet ..... (\$12) Add on \$15

Make-up Application ..... (\$50) \$60

Updos starting at ..... (\$60) \$75

Bridal Updos starting at ..... (\$75) \$95

Bridal Make-up Application ..... (\$60) \$75